



2288 - 47 Avenue SW
 Calgary, AB T2T 6J9
 T: 403-242-8191
 W: garrisoncurling.com
 E: instruction@garrisoncurling.com

Curling Instruction

Lessons for Individuals

Lesson Duration	Lesson Topics	Rate - Members	Rate - Non-members
45 Minutes	• Introduction to curling • Hitting the broom consistently • Developing more power on takeouts • Effective sweeping • Strategy • Team communication	\$65 for the first person; \$20 for each additional person with a maximum of 5 people on the sheet	\$75 for the first person; \$25 for each additional person with a maximum of 5 people on the sheet
Lesson Days/Times (early October to mid-March)			
• Mondays, Tuesdays and Wednesdays at 145p • Fridays at 1200p or 100p • Saturdays (call to enquire)			

Lessons for Groups

Lesson Duration	Lesson Topics	Rate - Corporate	Rate - Schools
45-60 Minutes	Introduction to curling	\$150 for up to three sheets (24 curlers); \$300 for 4 or more sheets (25-48 curlers)	\$100 for up to three sheets (24 curlers); \$200 for 4 or more sheets (25-48 curlers)

Lessons for group events from early October until mid-March are booked at the same time as the ice is rented. For larger corporate events or lessons from mid-March until late April, additional arrangements can be made.

Booking a Lesson

To book, contact us at instruction@garrisoncurling.com or by phone at 403-242-8191. Payment is required at the time of booking and is non-refundable unless the session is cancelled by the Garrison.



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If you have an instructor/coach preference (see below for bios on the GCC instruction team), please let us know; otherwise we will assign one of our team members.

Instruction Team



Steve Cloutier, Head of Instruction

Steve is the Garrison's General Manager and runs the instruction program, with responsibility for designing and executing private lessons, group lessons (Learn-to-Curl and school phys-ed classes), rookie (Greenhorn) league and corporate instruction program. He's had the pleasure of introducing thousands of curlers to the sport and helping them develop their skills.



Sandra Jenkins, OLY

- 2 Olympic Trials and member of Team Canada (2006 Bronze Medal)
- 5 Scott Tournament of Hearts appearances
- 2 Canadian Mixed appearances
- 2 Canadian Seniors appearances
- 1 Canadian Masters appearance



Glenys Bakker, OLY

- 3 Olympic Trials and member of Team Canada (2006 Bronze Medal)
- 2 Scott Tournament of Hearts appearances
- 4 Canadian Senior appearances
- 1 Canada Cup championship



Shannon Kleibrink, OLY

- Skip at three Olympic Trials and member of Team Canada (2006 Bronze Medal)
- 5 Scott Tournament of Hearts appearances
- #1 CTRS ranking (2004-5; 2008-9)
- 2 Grand Slam of Curling titles
- Coach of Team Skrik (2023-26)



Carolyn McRorie, OLY

- Member of Team Canada (2010 Silver Medal)
- 3 Scott Tournament of Hearts appearances
- 1 Grand Slam of Curling title
- Coach of Team New Zealand (Men, 2022-); Team China (Women, 2018-19)



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Margot Flemming

- 6 Scott Tournament of Hearts appearances
- 2025 Olympic trials
- 1 U18 Ontario Curling Championship
- 1 Canadian Mixed Curling Championship appearance
- Member of WCT Team Njegovan (MB)



Ashton Skrlík

- 3 Scott Tournament of Hearts appearances
- Top CRTS ranking: 3 (2024-25)
- 2025 Olympic trials



Geri-Lynn Ramsay

- 4 Scott Tournament of Hearts appearances
- Silver medal 2010 Scotties
- Top CRTS ranking: 3 (2024-25)
- 2025 Olympic trials
- Member of WCT Team Inglis (ON)



Rylee Burton

- Member of Team Morison (U20 Alberta Curling Tour)
- 2025 Hotshots winner at Mark Kennedy Junior Classic
- Certified Club Coach



Kate Ector

- 2022 Canadian U18 Silver Medal
- 2022 & 2024 Canadian U20 Bronze Medals
- 2023 Canada West all-star
- 2025 U20 Canadian Mixed Doubles
- 2026 USports Nationals